

# OUR WELLNESS WORLD



  
**Hydas**  
...and I'm feeling great!

2020

BANDAGES

XXL

HEAT THERAPY

BACK LOTION APPLICATOR

LUXURY COSMETICS

INCONTINENCE CARE

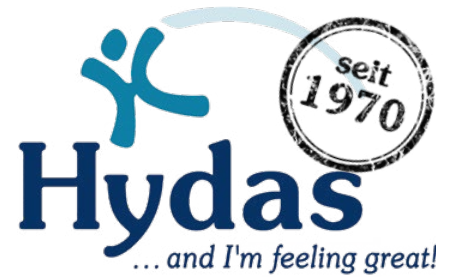
HEALTH

TMX® TRIGGER



Scan  
for english version

*„As a specialist in the healthcare sector, we are committed to preserving and enhancing our customers' quality of life through our products.“*



- Successful manufacturer and importer
- Founded in 1970 by Siegfried Feige
- Management: Jürgen Feige and Tommy Feige in the second and third generation

For humans, health and well-being are the foundation for an active, self-determined life. This is exactly where **Hydas** comes in.

As a successful family business based in Frankfurt am Main, **Hydas** can look back on over five decades of experience. Founded in the 1970s as a manufacturer of high-quality medical textiles, the company has continuously developed and is now a strong partner for products related to personal well-being and health needs.

**Hydas** combines medical expertise, the highest quality standards, and a keen sense of people's needs. The result: well-designed products that make everyday life easier, provide comfort, and noticeably improve quality of life—reliable, innovative, and close to the customer.

**Hydas** — expertise that inspires trust. Products designed for well-being.

## OUR QUALITY COMMITMENT

- Since 1998, we have been working in accordance with DIN EN ISO 13485
- Manufacture and distribution of Class 1 medical devices in accordance with (EU) 2017/745.
- Testing of safety and performance requirements
- Risk assessment
- Technical safety
- Creation and maintenance of medical device files for trading partners
- Minimum defect rate = 0.2%

We serve manufacturers as well as national chain stores, purchasing associations, wholesalers, and distribution networks. We also work with sole traders, service providers, and local businesses.

Our client base includes numerous renowned companies from Europe and around the world.

**Perhaps you will soon be among them.**

## Hydas GmbH & Co. KG

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[www.hydas.de](http://www.hydas.de)



Our administration in Frankfurt am Main



Our logistics center in Mainz



Manufacture of our bandages in Germany

## BENEFITS FOR OUR CUSTOMERS

- Family business: family-owned for three generations, headquartered in Frankfurt am Main. Following successful restructuring and outsourcing of logistics, the company now has a lean and efficient personnel structure and short decision-making processes.
- Supplier loyalty: for many years, the product range has been sourced primarily from the same suppliers, guaranteeing high delivery reliability and consistently high quality.
- Approved advertising texts, no warnings
- Patented Outlast technology: "not too hot/not too cold" (less sweating/less freezing)
- One size fits all = fewer returns (easy decision)
- Incontinence system: washable = less waste = environmentally friendly
- Medical products advice hotline: 069/954061 0 = trained/qualified staff
- All product images are provided free of charge
- In-house graphic design: implementation of customer requirements (small MOQ, flexible, fast)
- Made in ... - over 70% of our products are manufactured in Germany and the EU

## A SELECTION OF OUR CUSTOMERS



*„We are constantly working to develop new and interesting products for our consumers. Quality, trust, and service are a matter of course for us.“*



### CHANGES:

Technical changes, developments, printing errors, and mistakes are subject to change without notice.

### TERMS AND CONDITIONS:

You can find our current terms and conditions on our website [www.hydas.de/b2b-agb](http://www.hydas.de/b2b-agb)

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Have questions or suggestions?

Our product hotline is here to help:

+49 69 / 95 40 61 0

# BANDAGES





## Abdomen and back

Provides relief by reducing pressure on the intervertebral discs and muscles. Stabilizes and supports.



## Joints

Elastic and reusable – unlike traditional sports tapes.



## Straightener

Support upright posture and relieve strain on the shoulders, neck and spine.



## Recycled

Stabilise the joints and support a sustainable choice for greater environmental awareness

# STOMACH AND BACK

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- ✦ Ideal for sports, everyday use, the office or to aid recovery
- ✦ Stabilise the spine through targeted compression and avoid excessive strain
- ✦ Relieve strain on the back and reduce pressure on intervertebral discs and muscles
- ✦ Improve freedom of movement and can relieve pain



## Support belt ■

Item No.: 1955.1.00  
Height at the back: 15 cm  
Waist to: 150 cm

## Support belt ■

Item No.: 2517.1.00  
Height at the back: 15 cm  
Waist to: 150 cm

- Supports the lumbar spine and abdominal wall muscles
- Promotes an upright posture – during sport and everyday activities
- Individually adjustable in size with hook and loop fastening
- Second hook and loop fastening makes it easier to put on and provides additional support
- The intensity of the stretch determines the level of support





### Slimming belt

Item No.: 1970.1.00  
 Height at the back: 20 cm  
 Waist to: 130 cm

- Supports the abdomen and back through compression
- Corrects posture and creates a beautiful silhouette
- Reduces circumference by approx. 3 cm



### Postoperative support bandage

Item No.: 1520.1.00  
 Height at the back: 25 cm  
 Waist: 75 - 150 cm

- Ideal after surgery – extra high to below the bust
- Compression and support for the abdominal wall
- Ideal for stabilising and relieving pressure on the wound
- Also for bruises or disc problems
- 5 sizes – with hook and loop fastening



### Anatomically shaped: narrower at the front for better mobility

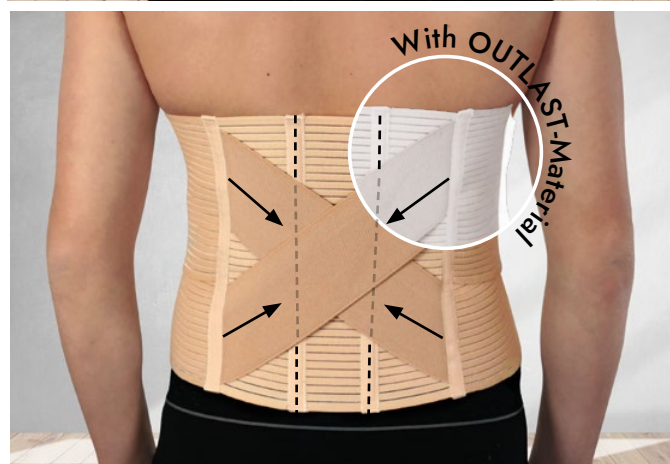
#### Orthopaedic support belt

Item No.: 1516.1.00  
 Height at the back: 25 cm  
 Waist: 75 - 145 cm

- Narrow at the front: the upper abdominal muscles remain free for better mobility
- With support cross in the back for more support
- Two longitudinal supports aid posture and give the bandage an optimal fit

#### Orthopaedic support belt

Item No.: 1534.1.00  
 Height at the back: 25 cm  
 Waist: 75 - 145 cm



## Anatomical shape – ideal torso stabilisation when cycling



### Sports support belt

Item No.: 2750.1.00

Height at the back: 15 cm

Waist to: 140 cm

- Narrow at the front: the upper abdominal muscles remain free for better mobility
- Double drawstring for increased stability at the back
- Two hook and loop fasteners for size adjustment



Basic belt with hook and loop fastener at the front



Two strong drawstrings at the back for additional support



Extra straps for individual adjustment

### Kidney warmer with support function

Item No.: 2801.1.00

Height at the back: 20 cm

Waist to: 150 cm

### Kidney warmer with support function

Item No.: 2802.1.00

Height at the back: 20 cm

Waist to: 150 cm

### Kidney warmer with support function

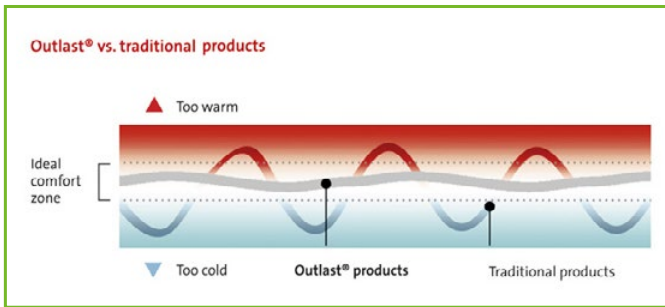
Item No.: 2803.1.00

Height at the back: 20 cm

Waist to: 150 cm

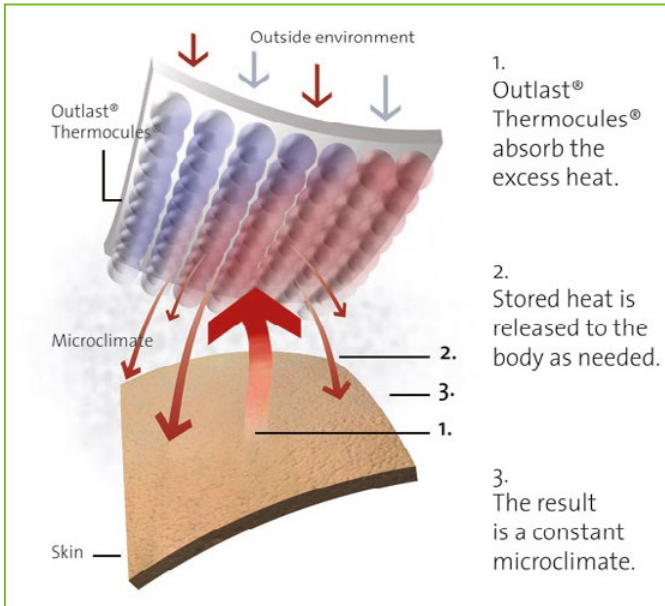






## Temperature-regulating material

Up to 48% less perspiration thanks to Outlast®:  
Not too warm, not too cold: „just right“.



### How does OUTLAST® technology work?

Microencapsulated natural wax – these capsules can absorb and store body heat, thus forming a natural heat buffer. This effectively prevents overheating and the onset of perspiration. And the best part is that when the body temperature drops again, for example due to reduced physical activity, the natural wax releases the stored heat back into the body. Despite changing external temperature influences, the user can always enjoy a wonderfully balanced climate.

\*Tests for various end uses such as clothing, shoes and helmets carried out by C. Russ – INSIDE CLIMATE, an independent testing laboratory in Munich (THG AreaView – SleepView).



Basic belt with hook and loop fastener at the front

### Abdominal and back support belt

Item No.: 2501.1.00  
Height at the back: 20 cm  
Waist to: 150 cm



Two strong drawstrings at the back for additional support

### Abdominal and back support belt

Item No.: 2502.1.00  
Height at the back: 20 cm  
Waist to: 150 cm



Extra straps for individual adjustment

### Abdominal and back support belt

Item No.: 2503.1.00  
Height at the back: 19 cm  
Waist to: 150 cm

# STRAIGHTENER

- ✦ Effectively prevents tension in the back and neck area.
- ✦ Gentle traction on the shoulders automatically leads to natural posture.
- ✦ Keeps the upper body and spine upright to counteract slouching.
- ✦ Counteracts misalignment and also makes breathing easier.



## „Premium“ straightener, with OUTLAST®

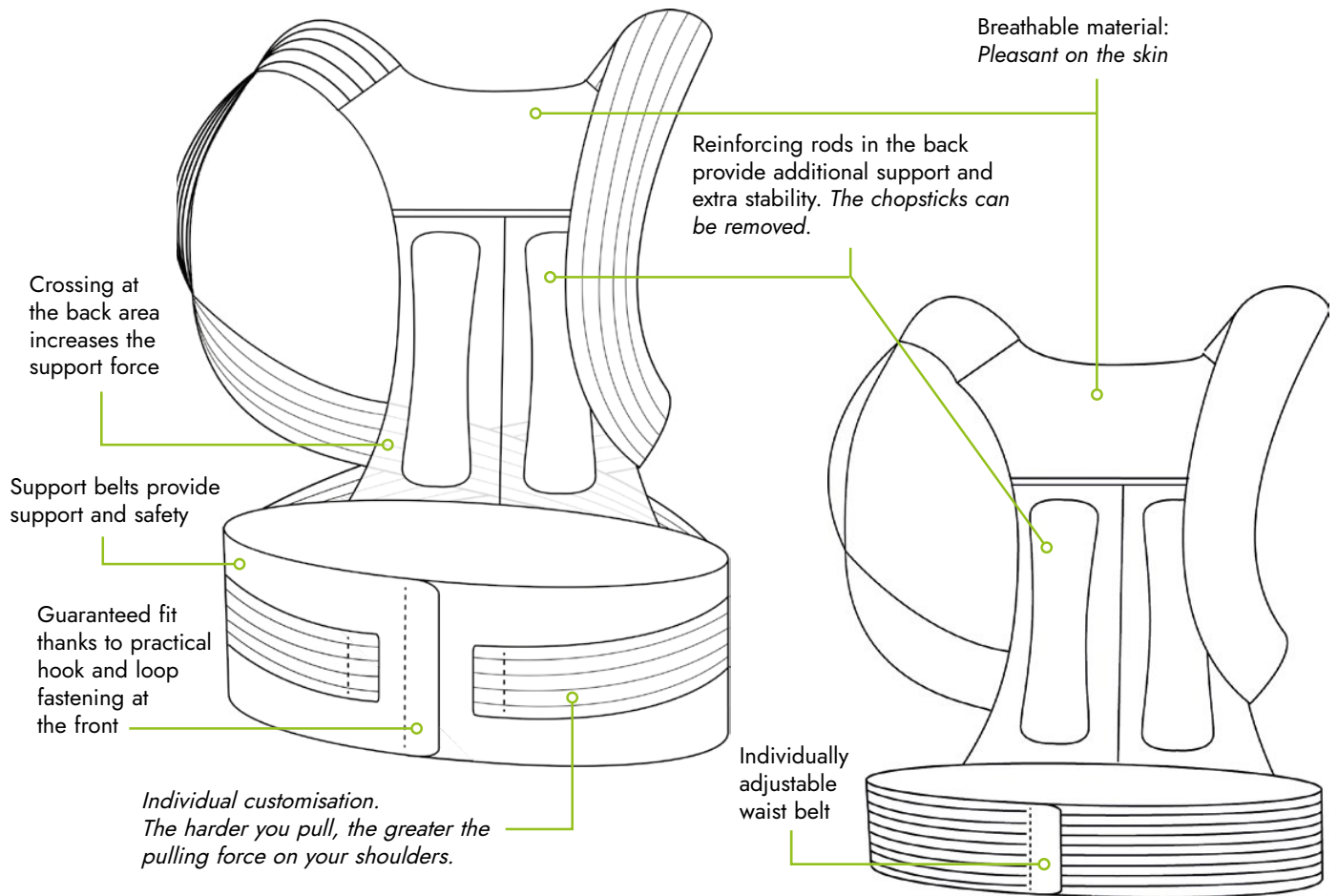
Item No.: 1526.5.00  
Height at the back: 41 cm  
Waist to: 150 cm

## „Premium“ straightener, without OUTLAST®

Item No.: 1505.1.00  
Height at the back: 41 cm  
Waist to: 150 cm (3 Größen)

- Pulls the shoulders back, relieves pressure on the thoracic vertebrae
- The intensity of the shoulder strap stretch determines the straightening effect
- Additional support belt: relieves pressure on the lumbar vertebrae
- For disc problems, strain, poor posture
- Suitable for waist sizes up to 150 cm, individually adjustable with all-over hook and loop fastening





## Shoulders are pulled back = upright posture.

### Straightener „Standard“

Item No.: 1501.1.00  
 Height at the back: 25 cm  
 Waist: 75 - 115 cm

- Pulls the shoulders back, relieves pressure on the thoracic vertebrae
- Helpful for disc problems, strain and poor posture
- Suitable for underbust measurements of 90, 105 or 115 cm
- Hook and loop fastening at the front makes it easy to put on



# JOINTS

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- ✦ Wrap technology and hook and loop fasteners allow for individual adjustment of size and support strength.
- ✦ Provides support for the joints. Does not restrict muscle function or mobility.
- ✦ For the prevention of injuries and relief of discomfort, e.g. bruises, strains, sprains.
- ✦ Elastic and reusable – unlike traditional sports tapes.



## Ankle strength band

Item No.: 1512.1.00

Dimensions: 72 x 7,5 cm

- Supports the ankle joint and Achilles tendon
- For the prevention of injuries and relief of discomfort, e.g. bruises, strains, sprains
- Easy to put on thanks to practical loop
- Wrapping technique and hook and loop fastener allow individual adjustment of size and support strength
- The stronger the pull, the greater the stabilisation





**Universal-bandage** ■

Item No.: 2509.2.00  
Dimensions: 72 x 7,5 cm

- One bandage – many uses
- Versatile: can be used on the foot, knee, hand or elbow
- Supports and stabilises joints and ligaments
- Double pack



**Universal-bandage** ■

Item No.: 2508.1.00  
Dimensions: 72 x 7,5 cm



**Bandage „Anti-slip“** ■

Item No.: 2514.1.00  
Dimensions: 115 x 7,5 cm

- Comfortable to use and optimal support thanks to anti-slip coating
- Versatile use: on the foot, knee or elbow
- For stabilising joints and muscles



**Bandage „Anti-slip“** □

Item No.: 2519.1.00  
Dimensions: 115 x 7,5 cm

**Compression for the joints**

**Knee bandage**

Item No.: 1507.2.00  
Dimensions: 72 x 7,5 cm

- Compression of the knee muscles
- Movements are performed more confidently and with greater control

**Ankle bandage**

Item No.: 1503.2.00  
Dimensions: 51 x 7,5 cm

- Compression for the ankle joint
- Relieves, stabilises and activates: prevents incorrect loading

**Wrist or metatarsal bandage**

Item No.: 1508.2.00 / 1500.2.00  
Dimensions: 24 x 7,5 cm

- For the midfoot or wrist
- Relief from strain or irritation



# RECYCLED

- ✦ Sustainable, plastic-free packaging (recycled paper and bio-film bags made from renewable raw materials)
- ✦ Sewn and assembled in an inclusive training centre.
- ✦ Wrap-around design and hook and loop fastening allow for individual adjustment.
- ✦ Stabilise joints and muscles without restricting movement.



## Universalbandage

Item No.: 2513.1.00

Dimensions: 72 x 7,5 cm

- One bandage: many uses
- The bandage can be applied to several parts of the body thanks to its individual wrapping
- On the foot, knee, hand or elbow
- Ideal for bruises, sprains or strains





## Elbow bandage

Item No.: 2524.1.00

Dimensions: 45 x 7,5 cm

- The 3 individually adjustable straps can intensify the support force
- For tendonitis of the elbow
- For overuse of the forearm muscles
- e.g. during housework and gardening, racket sports, sleeping on your side, manual labour



## Wrist bandage

Item No.: 2525.1.00

Dimensions: 58 x 7,5 cm

- The non-elastic extra band serves to firmly secure the wrist (almost immobilising it)
- For overuse of the wrist
- Also ideal for bruises and inflammation



**Plastic-free packaging. Packaged in an inclusive facility.**

## Power belt

Item No.: 2523.1.00

Height at the back: 15 cm

Waist to: 140 cm

- For disc problems, lumbago, sciatic pain or strain pain
- Ideal for long periods of sitting or standing.
- Supports and stabilises: mobility is maintained



**XXL**





- ✦ Extra wide cut XXL shape – for women and men with a larger build
- ✦ Support and protection for special requirements
- ✦ Provides support without constricting – hook and loop fasteners allow support belts to be individually adjusted
- ✦ Further product information is available for the main products



## Travel socks

Item No.: 1451.6.00  
 Sizes: 4 (36-38 - 45-47)  
 Up to circumference: 55 cm

- Ideal for long periods of sitting, in the office or when travelling
- Graduated compression. Pressure decreases towards the top: supports blood circulation
- Stretchy waistband prevents cutting in and makes them easy to put on
- Suitable for calf circumferences up to 55 cm





### Back support belt «Extra strong»



Item No.: 2703.1.00  
 Height at the back: 20 cm  
 Waist: 140 - 170 cm

- Triple support force
- Supports the abdomen and back
- With temperature-regulating OUTLAST® material
- The intensity of the stretch determines the support force

### Warming support belt «Extra strong»



Item No.: 2903.1.00  
 Height at the back: 20 cm  
 Waist: 140 - 170 cm

- Triple support
- Supports the abdomen and back and keeps you warm
- Fluffy, warm inner lining
- The intensity of the stretch determines the level of support





## Support belt BASIC

Item No.: 2617.1.00

Height at the back: 14,5 cm

Waist: 140 - 170 cm

- Supports the abdomen and back through compression
- Mobility is maintained and muscular stabilisation of the spine is activated
- Two hook and loop fasteners for individual adjustment
- The intensity of the stretch determines the support force



## Posture corrector with support belt

Item No.: 5205.1.00

Height at the back: 25 cm

Waist: 140 - 170 cm

- Extra wide cut – for women and men with a larger build
- Fits waist sizes from 115 to 170 cm. Underbust circumference: up to 150 cm
- Promotes an upright posture. Corrects poor posture.



# HEAT THERAPY





## Heated support belt

Targeted heat and stabilising support to relieve tension and take the strain off your back.



## Heating pad

Apply for soothing warmth on the neck, shoulders and back.



## Electric underblankets

Cosy warmth for your bed. A cool room temperature and a warm bed = ideal conditions for falling asleep.

# WARMTH + SUPPORT

- ✦ Innovation: Soothing warmth combined with support – with an expandable heating surface.
- ✦ For the back and stomach, suitable for waist sizes up to 150 cm.
- ✦ Heat causes the release of endorphins, which block the onset of pain.
- ✦ Recommended for muscle stiffness, lumbago, back pain and menstrual pain.



## Heated support belt

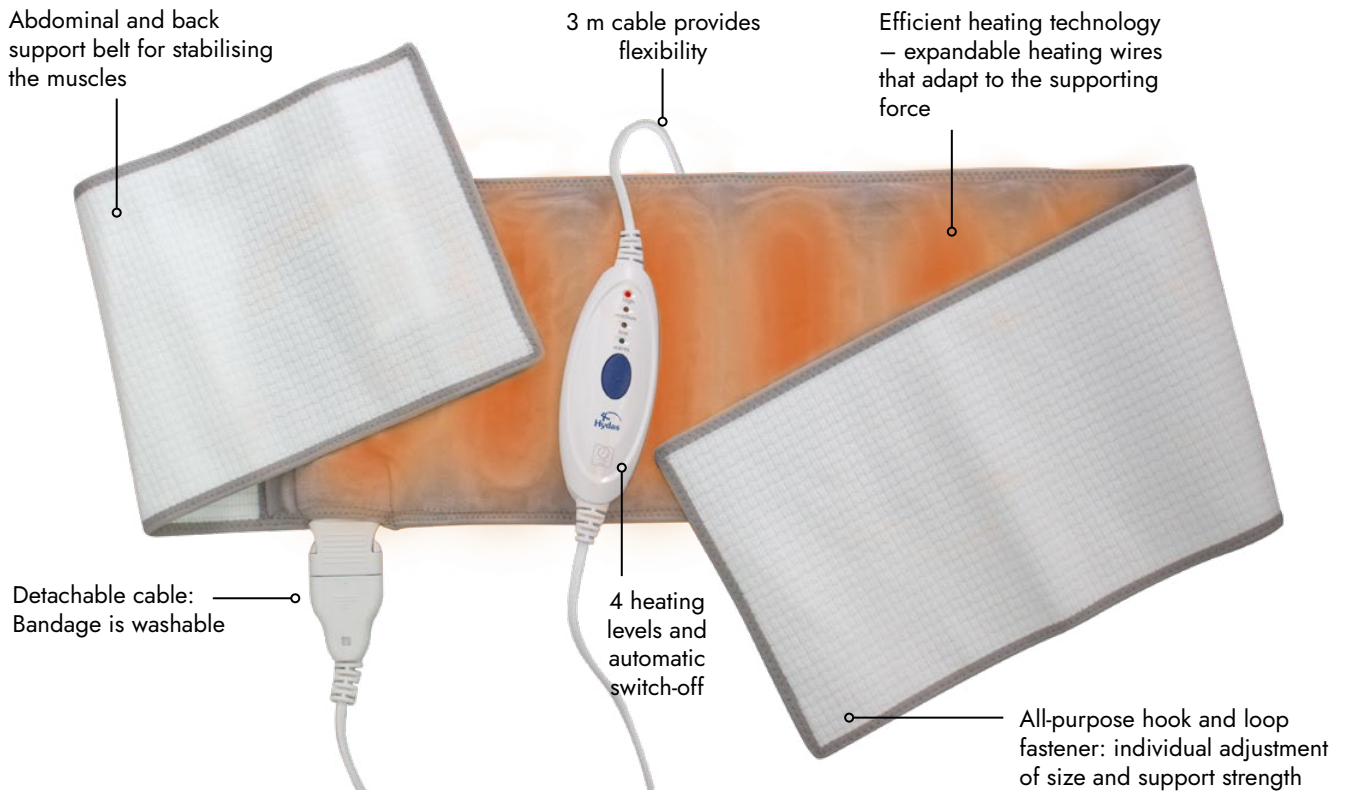
Item No.: 4691.1.00

Height at the back: 19 cm

Waist to: 150 cm

- Soothing warmth combined with support for the back and abdomen
- Warmth dilates blood vessels and aids regeneration
- Provides support for muscle weakness, disc problems or strain pain, for example
- Also for abdominal or menstrual pain: turn the heat pad to the front
- Stretchy heat pad adapts perfectly to the back for targeted heat application
- Suitable for waist sizes up to 150 cm





## Stretchable heating pad for targeted heat application



**Also ideal for menstrual discomfort.**



# HEATING PAD

- ✦ Heat can help relieve tension: it stimulates blood circulation and relaxes the muscles.
- ✦ Fits perfectly to the body and provides warmth where it is needed.
- ✦ Optimal heat supply over several hours.
- ✦ Provides an immediate relaxation effect with a feeling of well-being.



## Neck and shoulder heating pads

Item No.: 4682.1.00  
Dimensions (B x H): 55 x 35 cm

- Optimal fit, moulds to the body
- Practical magnetic closure for easy application
- Can also be placed on a desired part of the body, e.g. as a hot water bottle on the stomach

## Physical contact Heating pad

Item No.: 4689.1.00  
Dimensions (B x H): 55 x 35 cm

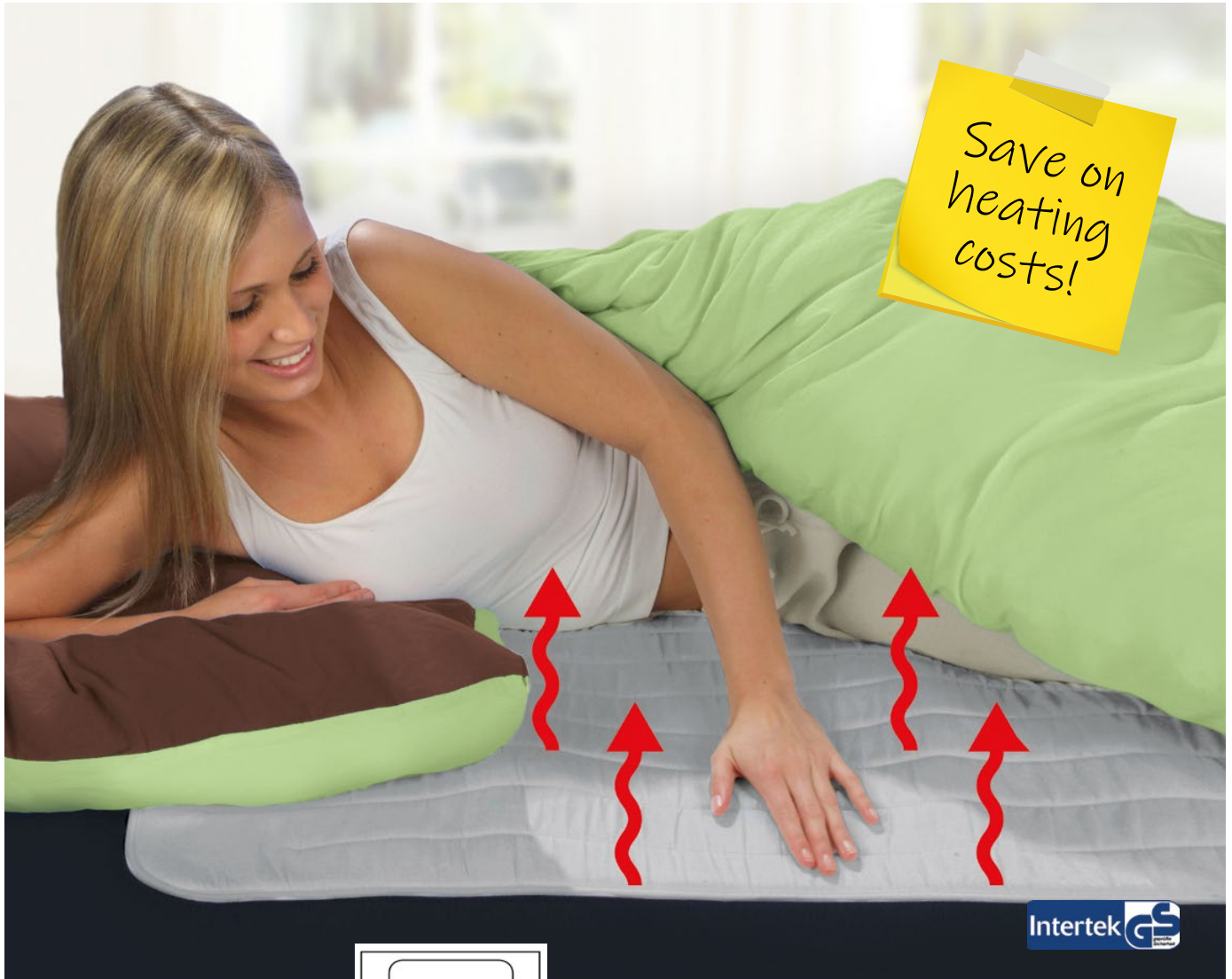
- With magnetic closure and weighted beads
- The weight exerts deep pressure on muscles and nerves: calming and concentration-enhancing
- Bead filling increases body contact – the warmth is felt more intensely





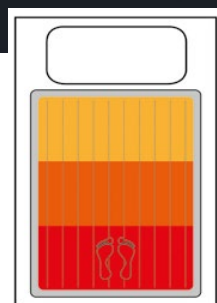
# ELECTRIC UNDERBLANKETS

- ✦ A warm bed at a lower room temperature.
- ✦ Healthy and restful sleep at the touch of a button.
- ✦ Three different temperature settings and an extra-long cable.
- ✦ Simply place it under the bed sheet and enjoy a warm bed – with no change to your sleeping comfort.



## Heated underblanket 3 zones

Item No.: 4652.5.00  
Dimensions: 155 x 78 cm



- A warm bed at a lower room temperature
- 3 different heat zones – increasing heat generation from the shoulder to the foot area
- With rapid heating function (preheating time 10 minutes)
- Extra thin for unchanged lying comfort

## Electric underblanket Basic

Item No.: 4653.1.00  
Dimensions: 150 x 80 cm

- A warm bed at a lower room temperature
- Consistent warmth throughout
- With 4 elastic bands for attachment around the mattress
- Extra thin for unchanged lying comfort



# BACK LOTION APPLICATOR





## **Solo**

A helping hand that makes it easier to apply cream to all areas of the body.



## **In the SET**

In addition to the cream attachment, other attachments are also included, enabling comprehensive skin care.

# SOLO

- ✦ A helping hand that makes it easier to apply cream to all areas of the body.
- ✦ 7-chamber system for even dispensing of lotions, sun milk and creams.
- ✦ 17 movable balls massage the lotion in gently and thoroughly.
- ✦ The plug-in cream attachments can also be used on their own.



BESTSELLER

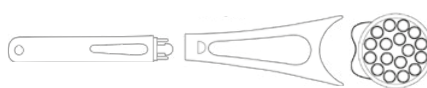
## Back lotion applicator

Item No.: 2008.5.00  
Number of parts: 3

- Effortlessly apply cream to all parts of the body
- The long handle makes it easy to apply cream to your back or lower legs, for example
- The cream attachment can also be used separately – ideal for arms or thighs
- The separable handle allows for space-saving storage, also ideal for travelling
- Easy to clean in the dishwasher

## Back lotion applicator

Item No.: 2008.1.00  
Number of parts: 3





### Back lotion applicator «BASIC»

Item No.: 2005.1.00

Number of parts: 2

- Effortless application
- Non-divisible handle



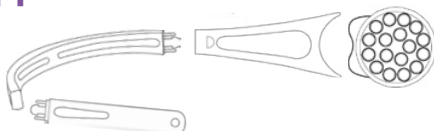
### Plus version: With shoulder-relieving u-handle extension



### Back lotion applicator Plus

Item No.: 2013.1.00

Number of parts: 4



- Effortless application of cream
- Separable handle + u-handle extension
- For applying cream to the back without straining the shoulders; no need to raise the arm



**FREE**  
Shower sponge

# IN THE SET

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**SISAL:** Removes dead skin cells. Stimulates blood circulation and allows skincare products to be better absorbed.



**SPONGE:** Convenient for applying shower gel. The skin is thoroughly cleansed and freed from dead skin cells.



**CREAMS:** After cleansing, the skin can be cared for with the cream attachment. The balls massage the cream thoroughly into the skin.



**PUMICE:** Removes calluses by gently rubbing. Only removes the top layer of skin, so healthy skin is not damaged.



### Body care SET

Item No.: 2015.1.00

Number of parts: 5

- Complete body care: exfoliating, washing, moisturising
- The separable handle allows for space-saving storage, also ideal for travelling
- For further information, see item 2008.5.00



### Body care SET Plus

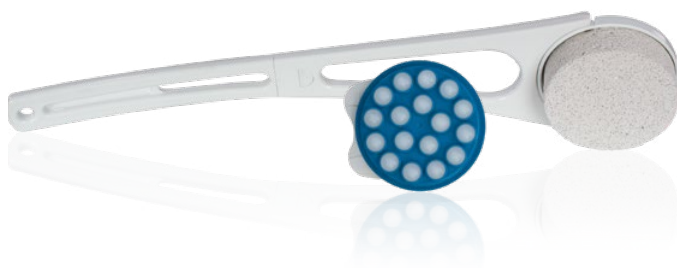
Item No.: 2019.1.00

Number of parts: 6

- Complete body care: exfoliating, washing, applying cream
- Separable handle + U-handle extension
- For shoulder-relieving back care, no need to lift your arm
- For further information, see item 2008.5.00



### With pumice stone attachment for foot care



### Body and foot care SET

Item No.: 2022.1.00

Number of parts: 4

- Cream attachment and pumice stone
- Enjoy the benefits of a back cream applicator
- Pumice stone for removing calluses – effective and effortless
- Only removes the upper layers of skin, so healthy skin is not damaged





# LUXURY COSMETICS



## Skin-regulating care cream

Item No.: 1222.1.00

Contents: 30 ml

Application: Apply a thin layer every morning and evening and massage in.

- Lightens pigmentation and age spots
- Reduction of up to 23% within 6 weeks
- For the face, neck, décolleté and hands
- Intensively moisturising: counteracts skin ageing
- Improves skin texture for an even complexion
- Based on natural, plant-based active ingredients – contains no mineral or silicone oils and no parabens.







**Visible reduction in wrinkles within 60 minutes**



## Moisture booster, with firming effect



Item No.: 1226.1.00

Contents: 10 Ampullen á 2 ml

Application: Pour the serum into your hand and gently pat it onto the desired area.

- Wrinkle smoothing and hydration
- Wrinkle reduction of up to 39% within 60 minutes
- Particularly suitable for the eye, mouth and forehead areas
- Reduces fine lines and wrinkles and improves skin elasticity
- With moisturising hyaluronic acid, regenerating aloe extract and firming red algae extract
- No added fragrances, emulsifiers or animal ingredients



## Care balm for callus reduction

Item No.: 1224.1.00

Contents: 30 ml

Application: Every day, morning and evening

- Softens calluses and reduces tension
- 75% callus reduction within 28 days
- Skin care for hands, feet, elbows and knees
- Also prevents torn nail folds and cuticles
- Also ideal for calluses in the stump area for prosthesis wearers
- Also suitable for sensitive diabetic skin



# INCONTINENCE





## Briefs for women

Go through your day safely and care-free – with discreet protection and high wearing comfort.



## Briefs for men

Reliable and discreet protection with a masculine cut – as comfortable as regular underwear.



## Briefs Unisex

Reliable and discreet protection for men and women – comfortable and secure for everyday use.



## Aids

Practical aids to supplement briefs or for training the pelvic floor.

# BRIEFS FOR WOMEN

- ✦ Briefs for bladder weakness or periods with INTEGRATED ABSORBENT INLAY
- ✦ Wears like normal underwear – 100% cotton.
- ✦ 5 layers: Highly absorbent and discreet – locks in odours.
- ✦ Washable: Cost-effective and environmentally friendly alternative to disposable products.

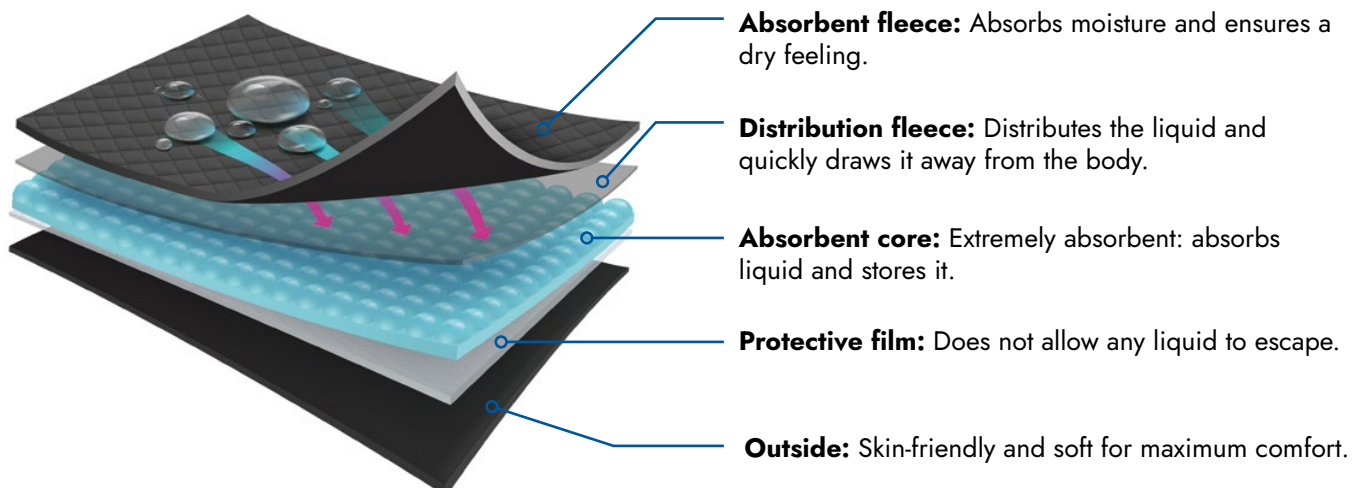


For fewer  
taboos and greater  
well-being

- ♡ Menstruation
- ♡ Bladder weakness
- ♡ Postpartum period
- ♡ Vaginal discharge

Wonderfully soft and comfortable against the skin. The wearing comfort is no different from everyday underwear.

**Hydas 5-layer technology** = a dry feeling and the assurance that nothing will leak out.



**Absorbent fleece:** Absorbs moisture and ensures a dry feeling.

**Distribution fleece:** Distributes the liquid and quickly draws it away from the body.

**Absorbent core:** Extremely absorbent: absorbs liquid and stores it.

**Protective film:** Does not allow any liquid to escape.

**Outside:** Skin-friendly and soft for maximum comfort.



### Lace briefs with absorbent pad

Item No.: 0465.1.00

Sizes: 6 (S - 3XL)

Waist height: medium

- Classic shape - medium rise
- With modern lace waistband



### Briefs with absorbent pad

Item No.: 0466.1.00

Sizes: 5 (M - 3XL)

Waist height: medium

- Classic shape – medium rise
- With sporty elasticated waistband



**Also ideal during pregnancy**



### High-waisted brief with absorbent pad

Item No.: 0467.1.00

Sizes: 5 (M - 3XL)

Waist height: high

- Super modern, comfortable and feminine – with a high waist
- Gently hugs your tummy and hips
- With a sporty elasticated waistband





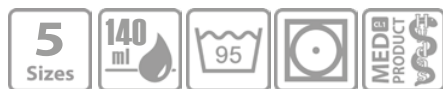
### Bladder weakness briefs with absorbent pad

Item No.: 0464.1.00

Sizes: 5 (M - 3XL)

Waist height: high

- Modern and sporty cut – with high waistband



### Bladder weakness briefs with absorbent pad

Item No.: 0464.8.00

Sizes: 5 (M - 3XL)

Waist height: high

- Modern and sporty cut - with a high waistband



### Functional and figure-shaping, provides security and self-confidence



### Figurformende Inkontinenz Schutzhose

Item No.: 0319.1.00

Sizes: 6 (S - 3XL)

Waist height: high

- Elasticated wide waistband for a secure fit without cutting in
- Shaped material compresses the abdominal area for a defined figure
- Liquid-impermeable underwear protection
- Double security in combination with your absorbent pad



# BRIEFS FOR MEN

## Discreet and secure



### Perfect fit

Specially designed for the male anatomy. The absorbent pad extends to the waistband.



### Discreet design

Looks like everyday men's underwear. No rustling, discreet absorbent pad.



Stages of incontinence	Stress urinary incontinence	Mild incontinence	Moderate incontinence	Severe incontinence
Amount of uncontrolled urine excretion in ml per 4 hours.	up to 50 ml Droplets	50 - 100 ml Small amounts of urine	100 - 200 ml Low level of bladder emptying	200 - 300 ml Large but incomplete bladder emptying

## Hygiene PLUS:

95°C washable and suitable for tumble drying





### Bladder weakness briefs

Item No.: 0416.1.00

Sizes: 5 (M - 3XL)

Waist height: mittel

- Classic shape
- Absorbent pad at the front extending to the waistband – for drip protection depending on penis position
- Washable and tumble dryer safe: cost-effective alternative to disposable products



### Boxer shorts for bladder weakness

Item No.: 0417.1.00

Sizes: 5 (M - 3XL)

Waist height: mittel

- Modern shape – with longer trouser leg
- Absorbent insert at the front extending to the waistband – for drip protection depending on penis position
- Washable and suitable for tumble drying: cost-effective alternative to disposable products



## Briefs specially designed for men: with a pouch for an absorbent pad

### Men's Pocket Incontinence Brief

Item No.: 0316.1.00

Sizes: 4 (M - XXL)

Waist height: medium

- Reliable protection thanks to special insert for placing the absorbent pad
- Liquid-impermeable laundry protection
- Double security in combination with your absorbent pad
- Suitable for men's incontinence pads Item No. 1751.1.00





# BRIEFS FOR PADS

- ✦ Briefs for bladder weakness with matching disposable absorbent pads.
- ✦ Briefs are washable and suitable for tumble drying.
- ✦ Various absorbent pads for different requirements.
- ✦ Highly absorbent and discreet – locks in odours.



## Incontinence Protective pants

Item No.: 0364.1.00

Sizes: 5 (M - 3XL)

Waist height: high

## Incontinence Protective pants, with buttons

Item No.: 0365.1.00

Sizes: 5 (M - 3XL)

Waist height: high

- Sewn-in fixed pocket for disposable absorbent pad
- In addition to the inserted absorbent pad, a moisture barrier provides double protection against liquids penetrating the garment
- Suitable pads: Item No. 1627.1.00 or 1755.1.00
- Unisex – suitable for women and men



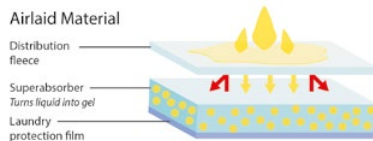
# AIDS



## Airlaid insert

Item No.: 1755.1.00  
Dimensions: 35 x 14 cm  
Included in the package: 25 piece

- Transforms liquid into gel: no wetness
- Extra thin and comfortable to wear
- Self-adhesive
- Ideal protection in combination with one of our Hydas incontinence briefs



## Endloswindeln

Item No.: 1627.1.00  
Dimensions: 1000 x 12 cm

- Can be cut to size for a custom fit
- Ideal for everyday protection
- Suitable for all incontinence pants and underwear



## Special insert for men: with penis pocket

## Airlaid men's insert

Item No.: 1751.1.00  
Dimensions: 23 x 19 cm  
Included in the package: 25 pieces

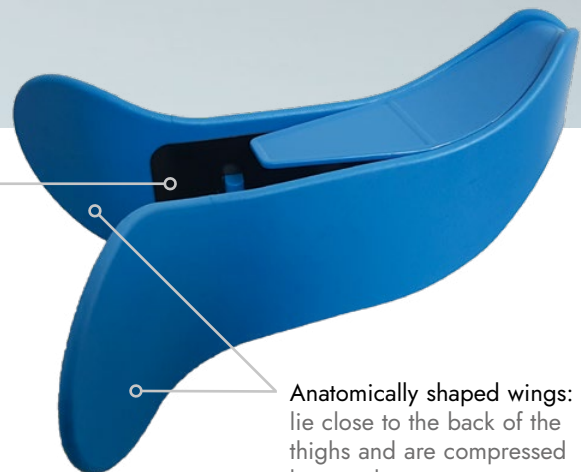
- Surface dries in no time: minimal moisture retention
- Reliable protection thanks to special penis pocket
- Suitable for men's incontinence briefs Item No. 0316.1.00





Regular pelvic floor exercises can help with:

- ♥ Bladder control and incontinence
- ♥ After pregnancy
- ♥ Back and posture problems
- ♥ Sexual health



## Pelvic floor trainer

Item No.: 3031.1.00

Dimensions: 20 x 20 x 9,5 cm

- Targeted strengthening of the muscles: The pelvic floor closes the pelvis at the bottom, supports the internal organs and enables an upright posture
- 10 minutes a day can lead to a significant improvement in bladder weakness
- The training is helpful and has a positive effect on the body, for young and old alike
- A trained pelvic floor increases sexual pleasure and orgasmic ability during sex, for both men and women
- Can also be used for training exercises for the arms and legs.

Training video



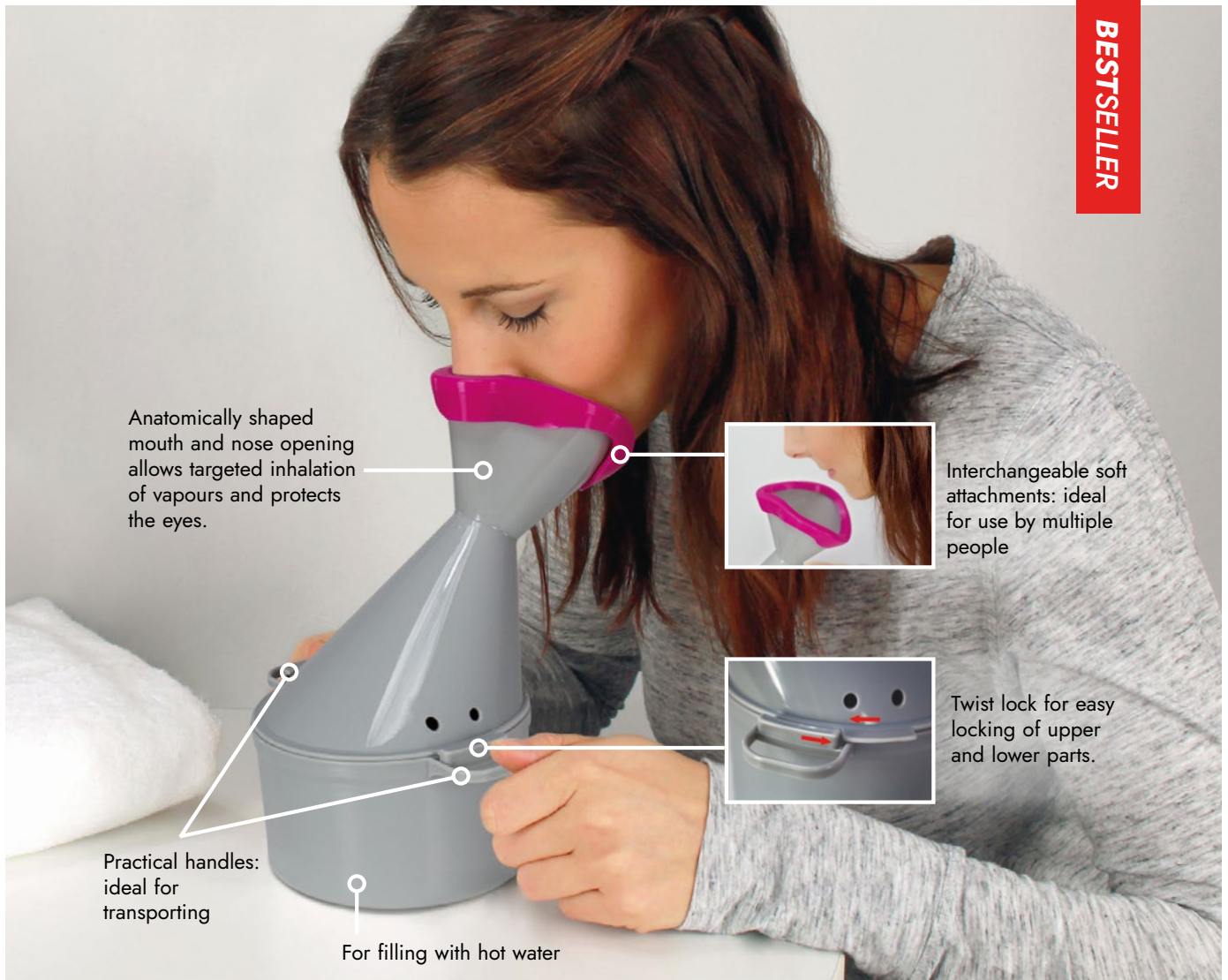
Application video



**HEALTH**



**BESTSELLER**



Anatomically shaped mouth and nose opening allows targeted inhalation of vapours and protects the eyes.



Interchangeable soft attachments: ideal for use by multiple people



Twist lock for easy locking of upper and lower parts.

Practical handles: ideal for transporting

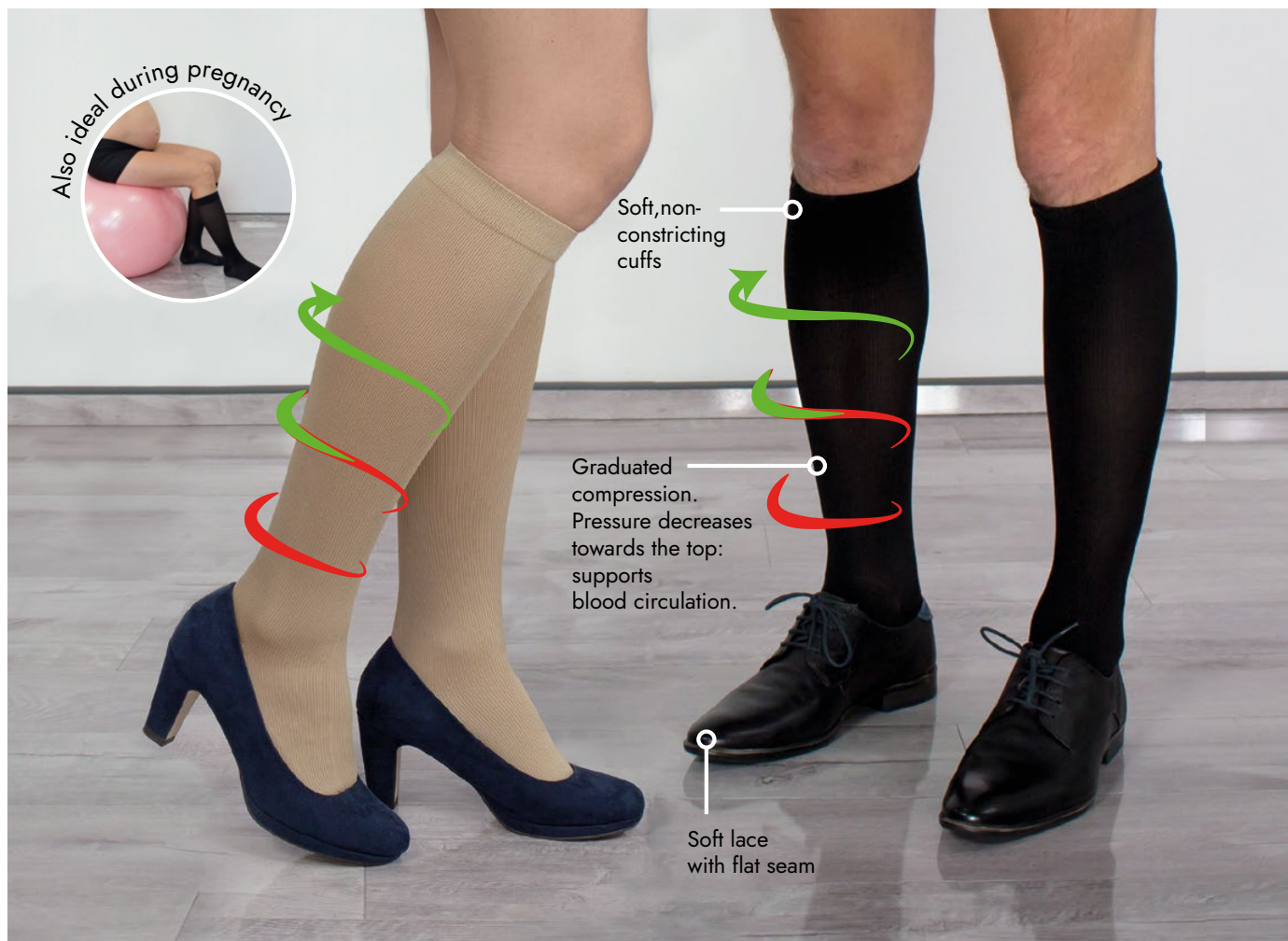
For filling with hot water

### Inhalation pot, with 2 soft attachments

Item No.: 3003.1.00  
 Dimensions (B x H): 55 x 35 cm

- Fight your cold naturally
- For filling with hot water and additives
- Water vapour moisturises the mucous membranes and supports natural cleansing (infection prevention)
- Specially shaped mouth and nose opening for targeted application and to protect the eyes
- Interchangeable attachments: ideal for use by multiple people





**Travel socks, with support effect** ■

Item No.: 1557.2.00  
 Sizes: 36-38, 39-41, 42-44, 45-47

- Restricted seating and limited movement increase the risk of thrombosis, e.g. on aeroplanes, trains or in cars
- With compression: prevents swelling of the lower legs and ankles
- Creates pressure on the veins, thereby supporting blood flow

**Travel socks, with support effect** ■

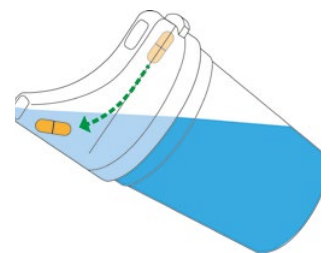
Item No.: 1557.6.00  
 Sizes: s. 1557.1.00





- ♡ No quarrel
- ♡ No gagging
- ♡ No tears

When inserted, the tablet remains in the lid, slides forward when drinking and is „washed down“ with the liquid.



## Beak cup for taking tablets

Item No.: 3055.1.00  
 Filling quantity: 250 ml

- Problems with taking tablets are a thing of the past
- No need to crush the tablet
- Simply take a large sip of water – the tablet is „washed down“
- The tablet enters the oesophagus almost unnoticed
- Does not stick to the tongue: no gag reflex
- Can also be taken while lying down
- Ideal for elderly and vulnerable people, as well as children



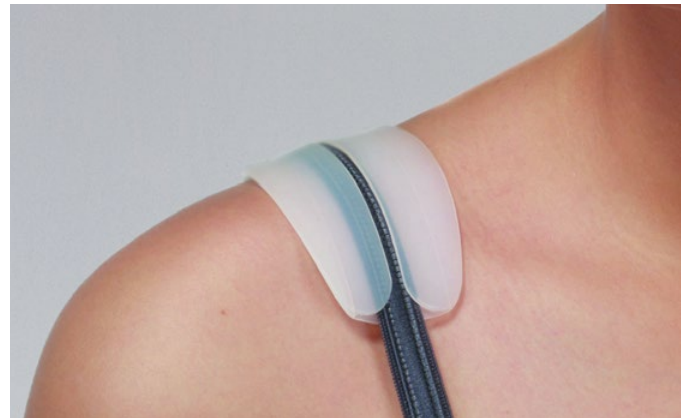


## Bra pads

Item No.: 1530.1.00 | 1530.5.00

Variant: with nipples | without nipples

- Insert into the bra below or to the side of the breast, depending on the desired effect
- Invisible under clothing
- The high-quality silicone gel warms up when worn and stays reliably in place



## Bra strap pads

Item No.: 1586.1.00

Contents: 2 pieces

- Prevents painful cutting into the skin
- Relieves pressure on the shoulders – ideal for larger bust sizes
- Invisible under clothing
- Suitable for bra straps up to 3 cm wide
- 1 pair included

**2**  
PIECES

## Hair removal, including skin exfoliation – soft results.



### Depilatory pad Easyfree

Item No.: 2023.1.00

Number of parts: 3

- Proven silicon crystal technology
- Pain-free
- Apply light pressure and move in circular motions over the area to be treated
- Long handle: all parts of the body are easily accessible
- Replaceable pad

### Replacement discs for sticking on

Item No.: 2023.1.31

Anzahl: 10 Stück







## Insertable bidet

Item No.: 3007.6.00

- For cleaning and relieving discomfort in the genital/anal area
- No assembly required: fits standard toilets
- Simply place on the toilet bowl
- Warm water, possibly with bath additives
- 4 l maximum filling volume



## Disposable briefs – ideal when there are no washing facilities available

### Disposable ladies' briefs

Item No.: 0005.1.00

Sizes: 5

- Disposable items as an alternative for when you are on the go
- Ideal when there are no washing facilities available, e.g. when travelling or staying in hospital
- Skin-friendly non-woven fabric
- Sizes: 34/36 - 50/52



#### Multiple packs:

- 2 x 5 pcs = Item 0005.2
- 6 x 5 pcs = Item 0005.6
- 12 x 5 pcs = Item 0005.9



## Cover for the toilet seat

Item No.: 1695.1.00

Contents: 10 Stück

- Reliable protection against germs
- Place on the toilet seat: ideal for use in public toilets
- Disposable item – can be flushed down the toilet
- Environmentally friendly, made from recycled paper





# TMX<sup>®</sup> TRIGGER



**What are trigger points?**

Trigger points are small, hardened knots in the muscles – usually noticeable as pressure-sensitive points. They are caused by overexertion, poor posture or lack of exercise and can cause pain that often radiates to other parts of the body. Trigger points usually develop gradually – through repetitive movements, stress or incorrect strain. The affected muscles are less well supplied with blood, harden and begin to ache. What is particularly insidious is that trigger points often cause so-called referred pain, i.e. discomfort in areas that are not the source of the problem. For example, a trigger point in the neck can cause headaches, while one in the buttocks can radiate down into the leg.

**How trigger point massage works:** Trigger points can be released with targeted pressure. Manual or mechanical pressure on the pain point improves blood circulation, reduces muscle tension and alleviates pain. The method is particularly effective when used with aids such as our **TMX® Triggers**.

**The advantages of triggering at a glance:**

- Precise self-treatment
- Sustainable pain reduction
- Promotion of regeneration
- Better sense of movement



**Feet**



**Back**



**Neck/Head**

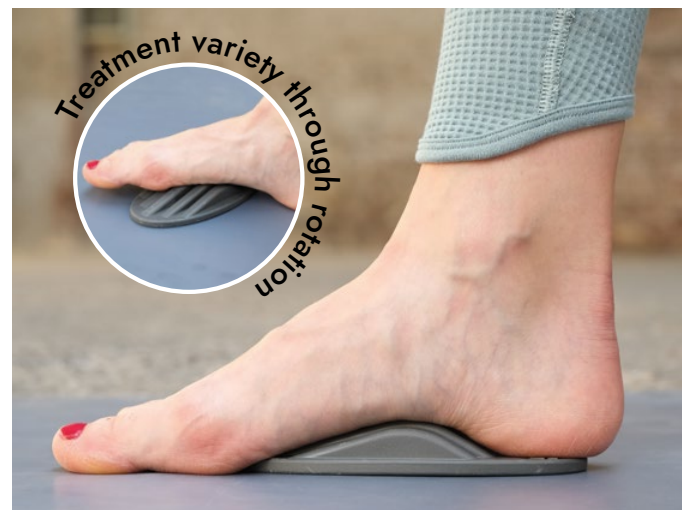


**Pelvic floor**

**Selective, deep acupressure: mobilisation of the foot muscles**

**Base facility**

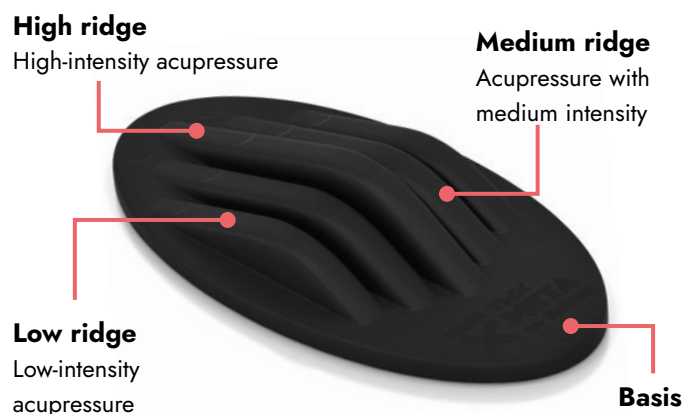
Backwards: high intensity  
Forwards: low intensity



**TMX® META foot trigger**

Item No.: 3054.5.00  
Dimensions: 7,4 x 2,7 x 4,5 cm

- A combination of foot mobiliser and trigger
- 3 intensity levels and individual pressure through body-weight exercises
- Triggering + movement can have a positive effect on the rolling motion of the foot
- Shifting and rotating the TMX® Meta can intensify the application





## TMX® PARA back trigger

Item No.:3053.5.00

Dimensions: 6 x 5,6 x 9,1 cm

- Triggers simultaneously on the left and right sides of the spine
- Accompanies treatment for tension and adhesions in the muscle fascia
- Three different trigger heads for intensity and depth
- Shifts and rotations of the TMX® PARA enable a wide range of applications



**Twin:** 2 x Ø 0,8 cm,  
deep muscle groups,  
high intensity

**Plus:** Ø 2 cm,  
deep muscle groups,  
medium intensity

**Original:** Ø 3 cm,  
Superficial muscle groups,  
low intensity





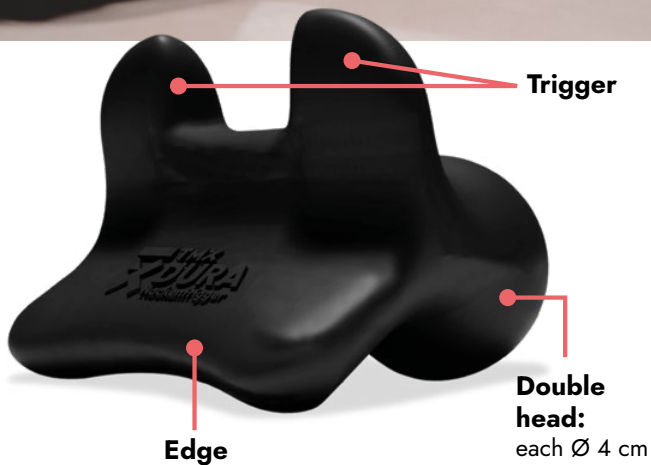
## Specially developed for head and neck pain.

### TMX® DURA neck trigger

Item No.: 3052.5.00

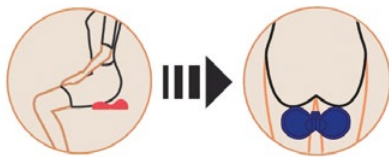
Dimensions: 9 x 8 x 7 cm

- Triggers simultaneously on the left and right sides of the cervical spine
- Targeted, long-lasting and deep pressure – deeper than a fascia roller
- 3 different trigger variants and 6 applications
- By shifting and rotating the TMX® DURA, different areas can be targeted and the application intensified



## First trigger to relax, then strengthen.

**Our tip:** First relax the pelvic floor muscles with the TMX® BEBO, then strengthen them with the Hydas pelvic floor trainer (item no. 3031.1.00).



### TMX® BEBO pelvic floor trigger

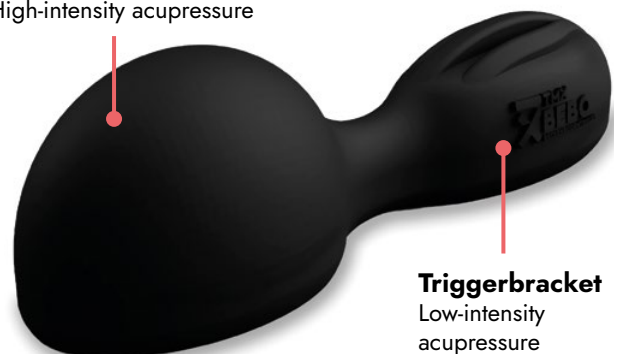
Item No.:3051.5.00

Dimension: 15 x 4 x 4 cm

- Relieves tension in the pelvic floor
- Simultaneous triggering of the anterior and posterior perineum
- Targeted application for women and men
- Four possible applications, depending on the positioning of the TMX® BEBO



**Big Trigger**  
High-intensity acupressure



# TMX<sup>®</sup> RECOVER

- ✦ Innovative heat and cold bandage for rapid recovery.
- ✦ No need for ice packs or hot water bottles – simply place in the microwave or refrigerator.
- ✦ Ideal after sport or for injuries.
- ✦ Heat promotes blood circulation and relaxes muscles, while cold helps with swelling and inflammation.



## TMX<sup>®</sup> Recovery Sleeve

Item No.:3056.5.00

Sizes: 3 (M, L, XL)

- Targeted cold or heat therapy for every situation
- For cold: Place the sleeve in the refrigerator or briefly in the freezer
- For heat: Warm the sleeve slightly, e.g. in the microwave
- Simply put it on and relax while your body regenerates
- Available in three sizes: M, L, XL for use on the knee, elbow or calf



# LOGOS



**Washable at 30°C**  
Products can be easily and conveniently cleaned in the washing machine.



**Washable at 95°C**  
Products can be easily and conveniently cleaned in the washing machine.



**Suitable for tumble drying**  
Practical and hygienic. Products can be dried in the tumble dryer.



**Outlast®-Material**  
This product incorporates temperature-regulating PCM fibre.



**Class 1 medical device**  
Products manufactured for the detection, treatment or alleviation of diseases



**One size fits all**  
Clothing size and body measurements are irrelevant; the product can be adjusted.



**Customisable**  
Closable with hook and loop fastener. This allows for individual adjustment of size and support strength.



**Shape-forming**  
Hugs the body and smooths away small rolls.



**Fluffy soft**  
Pleasantly soft, cosy and warm material.



**Rapid warm-up**  
The product is heated within a few minutes.



**Heat zones**  
The product has areas of varying warmth.



**Double security**  
Special sensor cable protects against overheating of the device.



**Detachable controller**  
The removable controller allows the product to be washed in the washing machine..



**Temperature levels**  
The number indicates how many temperature settings can be selected..



**Automatic switch-off**  
The product switches off automatically after the specified number of minutes..



**Dishwasher safe**  
The parts can be easily cleaned in the dishwasher..



**Divisible handle**  
The handle of the back cream applicator can be easily detached..



**Number of attachment**  
Various attachments extend the product's range of applications.



**Multipack**  
The product contains the same item multiple times.



**Fluid intake**  
An indication in ml of the maximum amount of liquid that the absorbent pad can hold.



**Ingredients**  
This product is based on natural ingredients and contains no synthetic additives.



**OUTLAST®**  
The material incorporates OUTLAST® fibre, which regulates temperature. It ensures a balanced body temperature without sweating or feeling cold.



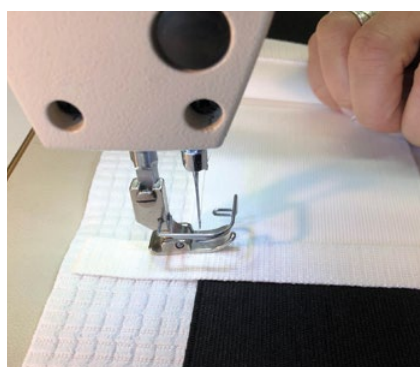
**Video available**

You can find all our videos at [www.hydas.de/videos](http://www.hydas.de/videos) or on our YouTube channel „Hydas Wohlfühlshop“.

## We manufacture in Europe



Quality  
„Made in Germany“  
is inside.



## Do you prefer to do your own thing? Customisation possible: megatrend!

Customers don't just want a range of standard products; they are looking for products that they can personalise and make unique.

Despite our existing wide range of variants, we offer the option of modifying existing models in terms of colour or length, for example, or implementing completely different variants and options.

We would be happy to develop your very own bandage – just get in touch with us.





The digital german catalogue  
<https://katalog.hydas.de>

